



SPRING VALE PRIMARY

WEEKLY NEWS – 19TH OCTOBER



KEEPING CHILDREN SAFE ADVICE

Please see the end of this newsletter for tips on how to keep your children safe outside of school now that the dark nights are starting to draw in.

PARENTS EVENING

At the moment we are unable to hold parents evenings on the planned dates (20th and 22nd October). We are trialling parent interviews with Year 6 parents during the afternoons of 22nd and 23rd October. If these are successful, then we will look at arrangements for other year groups.

HEALTH WEEK

Our Health Week is 19th to 23rd October. Children will be completing class based healthy activities, for example:-

- Taking part in healthy food tasting;
- Extra PE and physical challenges;
- Learning about healthy lifestyles. As part of this, children will bring a food and activity tracker home to complete;
- Basic first aid and what to do in an emergency situation.

REMINDERS:

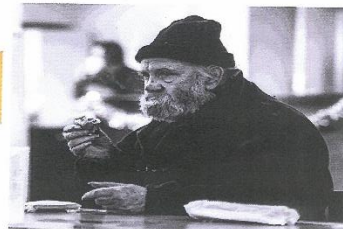
- Year 6 parent interviews: Thursday 22nd/Friday 23rd October 1.15 pm - 4 pm.
- Children break up for the half term holiday this Friday 23rd October and return to school on Monday 2nd November.

HARVEST DONATION THANK YOU

THANK YOU FOR YOUR HARVEST DONATION

Thank you so much for your donation to the Good Shepherd which is very much appreciated.

Support for our food service means that we can continue to provide essential help to the most vulnerable people in the community during these challenging times.



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Percentage Attendance week ending: 9th October - 97.7%

AM Nursery	94.7	PM Nursery	92.0
Rec Badgers	98.3	Rec Foxes	98.7
Y1 Magpies	100	Y1 Robins	97.9
Y2 Beech	96.3	Y2 Willow	96.6
Y3	98.6	Y4	98.6
Y5	99.7	Y6	92.9

Tips for keeping your children safe

Keeping children safe at all times is a big worry for most parents. Parents worry about them when they are at school, home or when they are playing out of sight. Here are 10 golden rules to help you keep your children safe while they develop their independence:

- **Name, address and number:** as soon as children are able to understand, teach them their full name, address and telephone number. Practice these with them until you're sure they can remember.
- **Keep in sight:** in most situations, children under about eight years old shouldn't be out alone, especially in busy towns. Even when out playing, they need to be kept in sight of an adult or a trustworthy older child.
- **Never leave alone:** don't leave young children in unsupervised play areas, shops or parks, or in a car or outside a shop, even for a few minutes.
- **Hold on:** when you're in a crowded place, hold hands or keep children in a buggy, or use reins. Don't walk ahead of a toddler – it only takes a moment for them to wander off.
- **Start young:** you can begin teaching children about safety when they're as young as two or three. Tell them clearly they mustn't go off with anyone, not even someone they know, without first asking you or the adult looking after them. With older children, make sure they remember to tell you who they are going out with, where they are going and when they'll be back.
- **Practice:** teach older children safe ways of crossing roads, going shopping and asking adults for directions. Let them practice with you until you are sure that they've understood. Always remember the limits of their age and maturity. Teaching them about safety needn't mean being overprotective – let them gradually take more responsibility as their awareness develops.
- **Safe place:** in busy public places, arrange somewhere safe to meet in case you get separated, like an information desk. Make sure children know what to do if they ever get lost, and explain who is safest to ask for help – a police officer, shop assistant or someone with a young child.
- **Feel good:** build your child's self-esteem with lots of love, praise and attention.
- **Say no:** let children know that they never have to do anything they don't like with an adult or older child, even if it's someone they know.
- **Listen:** when your child is trying to tell you about things that worry them.